

**Quinton Public Schools
Breakfast / Lunch Menu**

"This Institution is an equal opportunity provider"

October 2, 2017	October 3, 2017	October 4, 2017	October 5, 2017
Oatmeal, Toast, Fruit Cup, Juice & Milk	Breakfast Bars, Fruit cup, Juice & Milk	Sausage Egg Cheese Biscuit, Fruit Cup, Juice & Milk	Pancakes, Sausage Links, Fruit Cup, Juice & Milk
Sweet & Sour Chicken, Egg roll, Rice, Noodles, Pineapples & Milk	Oven Baked Chicken, Baked Potato, Carrots, Pears & Milk	Pizza pocket, Corn, Salad, Peaches & Milk	Cheeseburger, Sun Chips, Pork-n-beans, lettuce, tomato, pickles, Orange & Milk
Ham Sandwich	Turkey Sandwich	Chicken Sandwich	Ham Sandwich

October 9, 2017	October 10, 2017	October 11, 2017	October 12, 2017
Biscuits, Sausage, Gravy, Fruit Cup, Juice & Milk	Pancake on Stick, Fruit cup, Juice & Milk	Cheese Omelet, Bacon, Hashbrown, Fruit Cup, Juice & Milk	Breakfast Bars, Toast, Fruit Cup, Juice & Milk
Chicken Noodle, Mashed Potatoes & Gravy, Carrots, Roll, Pears & Milk	Beef Tacos, Refried Beans, Spanish Rice, Pineapples & Milk	Chicken Spaghetti, Green Beans, Garlic Toast, Pears & Milk	Corn Dogs, Pork-n-beans, Sun Chips, Apple & Milk
Turkey Sandwich	Ham Sandwich	Chicken Sandwich	Turkey Sandwich

October 16, 2017	October 17, 2017	October 18, 2017	October 19, 2017
Scrambled Eggs, Bacon, Toast, Fruit Cup, Juice & Milk	Donuts, Sausage Links, Fruit Cup, Juice & Milk	Pancakes on a stick, Fruit Cup, Juice & Milk	Fall Break
Lasagna, Green Beans, Garlic Bread, Oranges & Milk	Sweet & Sour Chicken, Egg roll, Rice, Noodles, Pineapples & Milk	Cheese Burgers, Sun chips, Lettuce, Tomato, Pork-n-Beans, Fruit Bar & Milk	Fall Break
Ham Sandwich	Turkey Sandwich	Chicken Sandwich	Fall Break

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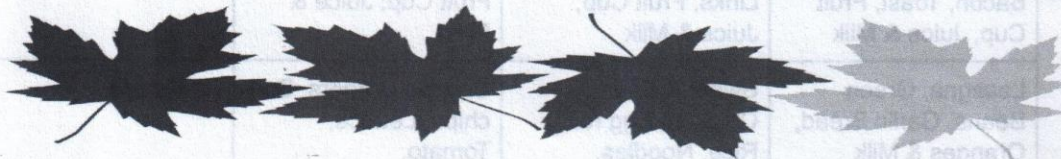
October 23, 2017	October 24, 2017	October 25, 2017	October 26, 2017
Biscuit, Chocolate Gravy, Sausage, Fruit Cup, Juice & Milk	Muffin Bars, Yogurt, Fruit Cup, Juice & Milk	Breakfast Bars, Toast, Fruit Cup, Juice & Milk	Waffles, Sausage, Fruit Cup, Juice & Milk
Enchiladas, Rice, Beans, Peaches & Milk	Frito Chili Pie, Beans, Sliced Apples & Milk	Chicken Fried Steak, Mashed Potatoes w/ Gravy, Green Beans, Roll, Pears & Milk	MeatBall Subs, Fries, Baked Beans, Apple & Milk
Turkey Sandwiches	Ham Sandwiches	Chicken Sandwiches	Turkey Sandwich

October 30, 2017	October 31, 2017
Cinnamon Rolls, Sausage, Peaches, Juice & Milk	Sausage Cheese Biscuit, Fruit Cup, Juice & Milk
Beans, Diced Potatoes, Spinach, Cornbread, Pears & Milk	Mummy Dogs, Pork-n-Beans, Sun chips, Oranges & Milk
Ham Sandwich	Turkey Sandwich

Menu is subject to change without notice. Thanks

Cereal is offered everyday at breakfast.

Sandwiches are offered everyday at lunch.



HAPPY FALL!!!!